

MJA	MJB	Disziplin	WJA	WJB
7,50sec	7,70sec	60m	8,40sec	8,50sec
23,90sec	24,70sec	200m	27,60sec	28,00sec
53,70sec	-	400m	62,20sec	-
2:05,20min	2:08,20min	800m	2:26,20min	2:28,20min
4:23,20min	-	1500m	5:15,20min	-
9:30,00min	-	3000m	-	-
9,40sec	9,60sec	60m Hürden	9,80sec	9,90sec
ohne	ohne	4x200m	ohne	ohne
ohne	ohne	3/5km Gehen	ohne	ohne
1,80m	1,75m	Hochsprung	1,58m	1,55m
3,50m	3,20m	Stabhoch	2,80m	2,60m
6,10m	6,00m	Weitsprung	5,30m	5,20m
12,00m	11,50m	Dreisprung	10,20m	10,00m
12,30m	12,50m	Kugelstoßen	10,00m	9,80m