

M15	M14	Disziplinen	W15	W14
12,60sec	13,10sec	100m	13,60sec	13,70sec
41,20sec		300m	45,70sec	
		800m	2:31,20min	2:35,20min
2:58,00min	3:02,00min	1000m		
		2000m	7:48,0min	7:52,0min
ohne	ohne	3000m		
51,70sec		4x100m	54,70sec	
13,00sec	13,80sec	80m Hürden	13,50sec	14,00sec
48,70sec		300m Hürden	54,20sec	
1,62m	1,56m	Hochsprung	1,52m	1,50m
2,80m	2,50m	Stabhochsprung	2,50m	2,40m
5,50m	5,30m	Weitsprung	5,00m	4,90m
10,30m		Dreisprung	9,30m	
11,80m	10,00m	Kugelstoßen	10,00m	9,20m
33,00m	26,00m	Diskus	23,00m	22,00m
37,50m	34,00m	Speer	27,00m	24,00m
ohne	ohne	Hammer	ohne	ohne